

THE GIFTS OF imPERFECT PARENTING



Join BCE Counselors, *Kelly Coulter & Amy Ashorn*,
on a journey through Brené Brown's 4 week course:

"The Gifts of Imperfect Parenting"

We will be watching Brené Brown's videos together, discussing topics presented, and then working through the activities (no artistic skills required) as a group. Participants will gain research-based information and tools to raise children with courage, compassion, and connection. For more information on the course and/or Brené Brown's work, visit:

<http://www.courageworks.com/shop/classes/gifts-of-imperfect-parenting>

This course will be limited to 15 participants, so please **RSVP to Kelly Coulter by Tuesday, January 10th at 12:00pm**. Names will be drawn at random after all interested are collected. Participants will be responsible for their own enrollment in the online course once place in the group is confirmed.

Dates: February 14, February 21, February 28, & March 8, 2017

Time: 8:00am-10:00am

Where: BCE iLab

Registration info: Please RSVP to Kelly Coulter at kcoulter@eanesisd.net by January 10th at 12:00pm.

Once the 15 names are selected, an email will be sent confirming your place in the group. At that time, you will be directed to register online for a \$60 registration fee payable to COURAGEworks through the online link above. BCE does not profit from this course. COURAGEworks requires each participant to secure their own seat in the course. Courses may be accessed at any time once you've registered. *If you did not make the group at this time (and there's enough interest), we will offer the course again.

Optional Prerequisite reading: [The Gifts of Imperfection](#)

Supplies: Markers will be provided; however, you are encouraged to bring in your own supplies. The link above lists the supplies that Brené Brown recommends.

Please contact Kelly Coulter with any questions about the registration process.

Social Emotional Learning
Eanes ISD SEL 5 Competencies



CASEL <http://www.casel.org/>